

Harvest Meals - Pulled Pork Single Serve Portions

Full credit for the following harvest meal idea to Alexis Klassen.

Wanted to share something I've been doing for many years each fall pre-harvest. Cook a large roast (pork or beef, flavor as desired with homemade sauce, BBQ sauce, etc) in a crockpot until falls apart. Shred (fork or in Kitchen aid mixer) and put into muffin tins. Freeze! When frozen, take out and store in a freezer bag or container. When ready to eat - just heat in the microwave. Single serve portions for hot sandwiches during harvest!