

GMO Answers: The Perfect Resource for Science Based Questions

GMO Answers

Being the non-science person that I am and writing about science-based ag topics such as GMOs, sometimes it's a challenge finding credible answers to my questions. Sure, I can just "google" my questions, which will result in pages upon pages of answers. But the biggest question is, "Which *source* can I trust?" And not only do I want to trust the source, but I need to *understand* what is written.

And that's the difficult part.

It's important to me that my blog posts contain truthful information written in a way that my readers can understand it. When I research topics, I honestly look at multiple sources. But one of my "go-to" resources is [GMO Answers](#). I find their site easy to use and navigate.

So what exactly is GMO Answers?

GMO Answers is an online resource that exists to answer any questions you might have about GMOs, how they're made, why they're made, how they are used in practice and their impact around the globe. They accomplish this task by matching you with an expert best suited to answer your specific question. Experts include farmers, academics and biotechnology scientists who are all willing to volunteer their time to help spread factual information about GM crops and dispel the myths and misinformation about GMOs. If you have any more questions about GMOs, such as how they are made and why they're used, visit [GMOAnswers.com](#) and get your questions answered.

Who is behind GMO Answers?

According to their site, more than 100 experts have contributed including independent experts in leading academic institutions, industry groups and representatives from member companies. For more information on who is behind GMO Answers, read [here](#). Because I am not well versed in science, I depend on science experts. I am like a sponge as I read and try to understand the science behind biotechnology and their website provides this for me from multiple sources.

But, sometimes, there are questions that I can't find an answer for. The GMO Answers website allows a person to ask questions conveniently from their home page. It's very easy to use. I know because I have used it.

Science is hard.

Let's face it. GMOs are difficult to explain to people. There is a perception that something is causing more people to have cancer and it's easy to point the finger to something called a GMO. A genetically modified organism certainly doesn't "sound" very safe. Cancer *is* scary. I get it. I just lost my mom to cancer three months ago. It was terrible--one of the worst things I have ever been through. But we also need to be very careful with the *correlation equals causation* argument of "there has been an increase in _____ cancer and it started the same time GMOs came to the market." We need to do our own research and learn from scientists and not rely on easy answers as to the cause of cancers. Here is the good news . . .

GMOs are safe.

Before GMOs reach the market, they're extensively studied to ensure they're safe for people, animals and the environment. Today's GM products are the most researched and tested agricultural products in history.

The academic and scientific community has consistently said that GMOs are just as safe as conventional crops.

This consensus was most recently confirmed in a massive study released this spring by the National Academies of Sciences that states GMOs are safe for both humans and animals to eat and contrary to many myths, GMOs have not caused increases in cancer, obesity, gastrointestinal illnesses, kidney disease, autism, or allergies.

At the end of the day, we basically all have the same concerns. We want *safe, healthy and affordable* food. We don't want our foods to cause us illness. Biotechnology provides us tools to keep foods safe, healthy and affordable. And thankfully for sites like GMO Answers we have the resources available to learn more about it. We can't continue to think our farms should look like Old McDonald's farm or go back to the good old days, because, honestly, the good old days weren't that good. I am just thankful for the progress biotechnology has afforded my farming family as well as other farm families.

More GMO resources:

- [Top 10 Consumer Questions About GMOs, Answered](#)
- [Get to Know GMOs](#)
- [Get to Know the Health and Safety of GMOs](#)
- [GMO Answers Informational Guide](#)

You can also access GMO Answers in other social media platforms.

Minnesota Farm Living

Connecting Consumers with those who grow your food

<http://www.mnfarmliving.com>

? Facebook: <https://www.facebook.com/GmoAnswers>

? Twitter: @GMOAnswers

? Pinterest: <https://www.pinterest.com/GMOAnswers/>

? Google+: <https://plus.google.com/+Gmoanswers/posts>

? Website: <https://gmoanswers.com/>

Disclaimer: Compensation was provided by GMO Answers via MomTrends. The opinions expressed herein are those of the author and are not indicative of the opinions of GMO Answers or Momtrends. All opinions are my own.